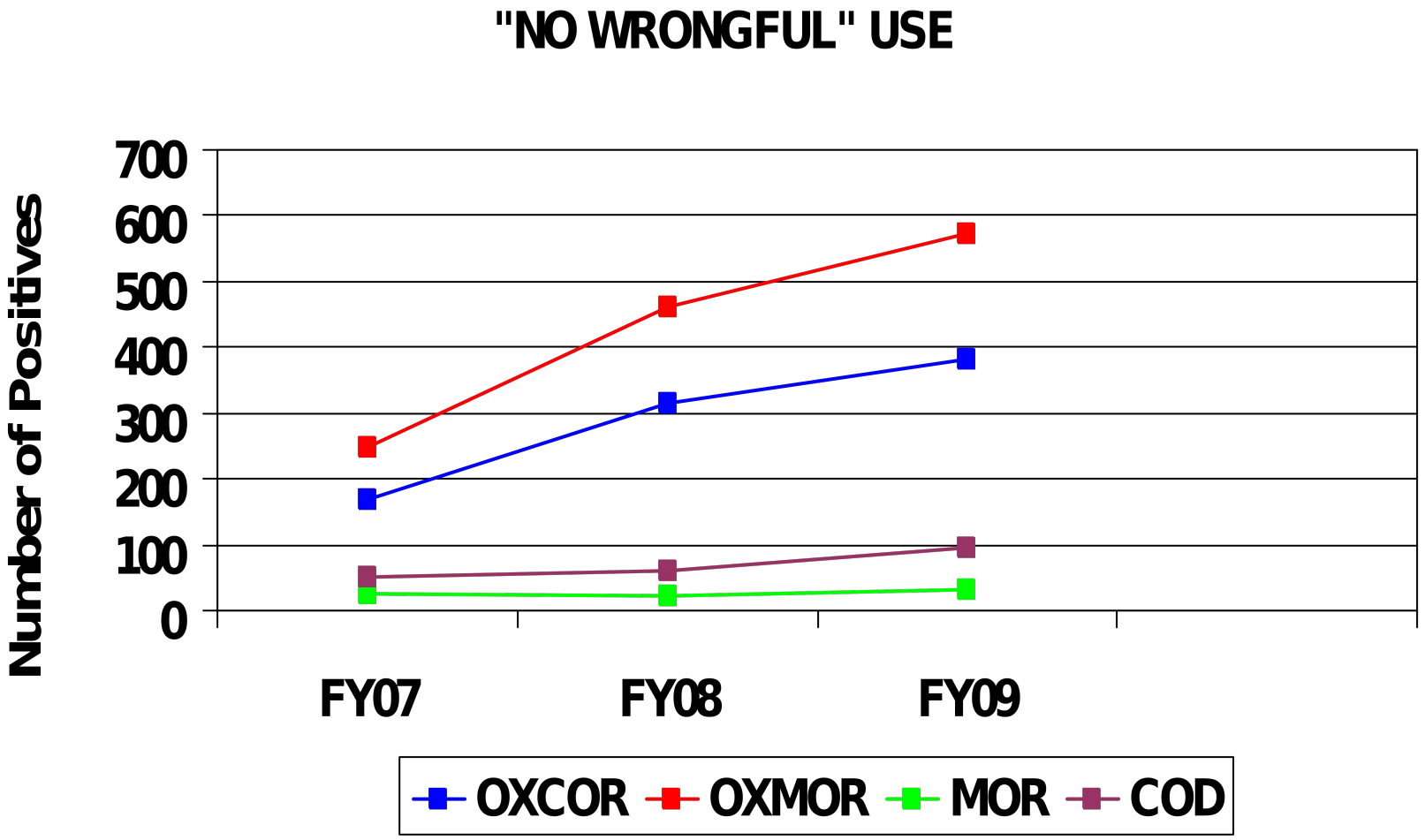
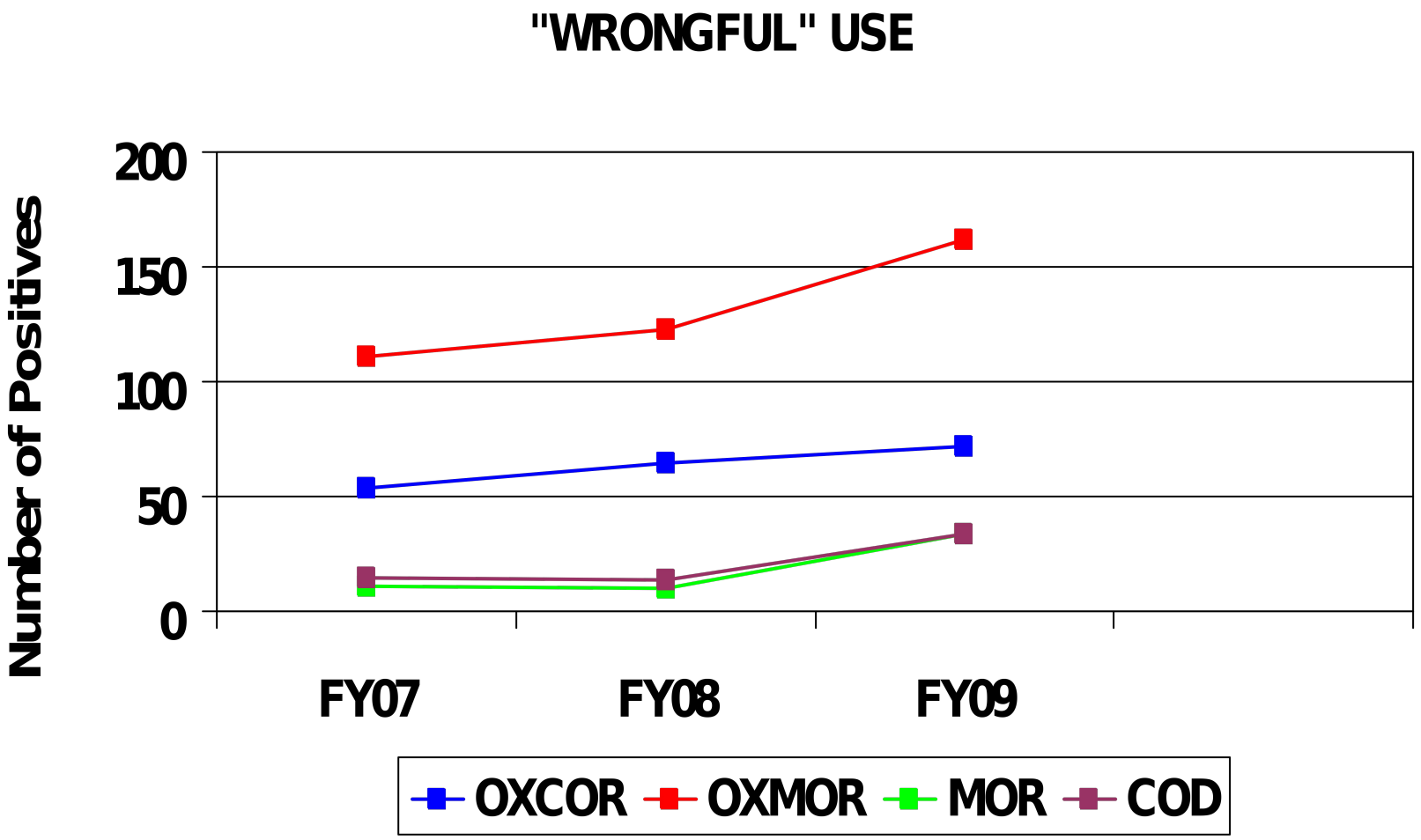
Executive Force Preservation Board May 10

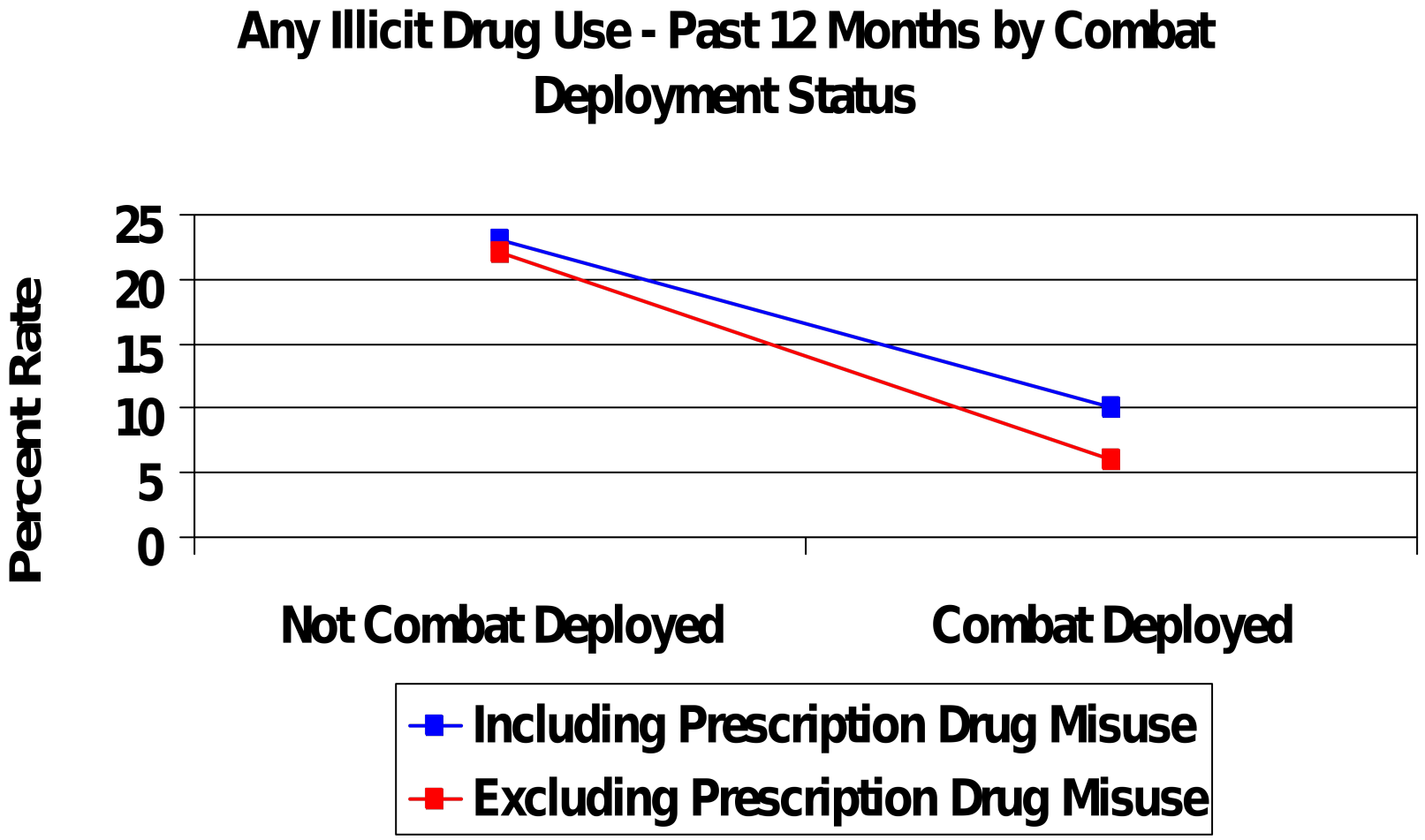
Prescription Drug Use



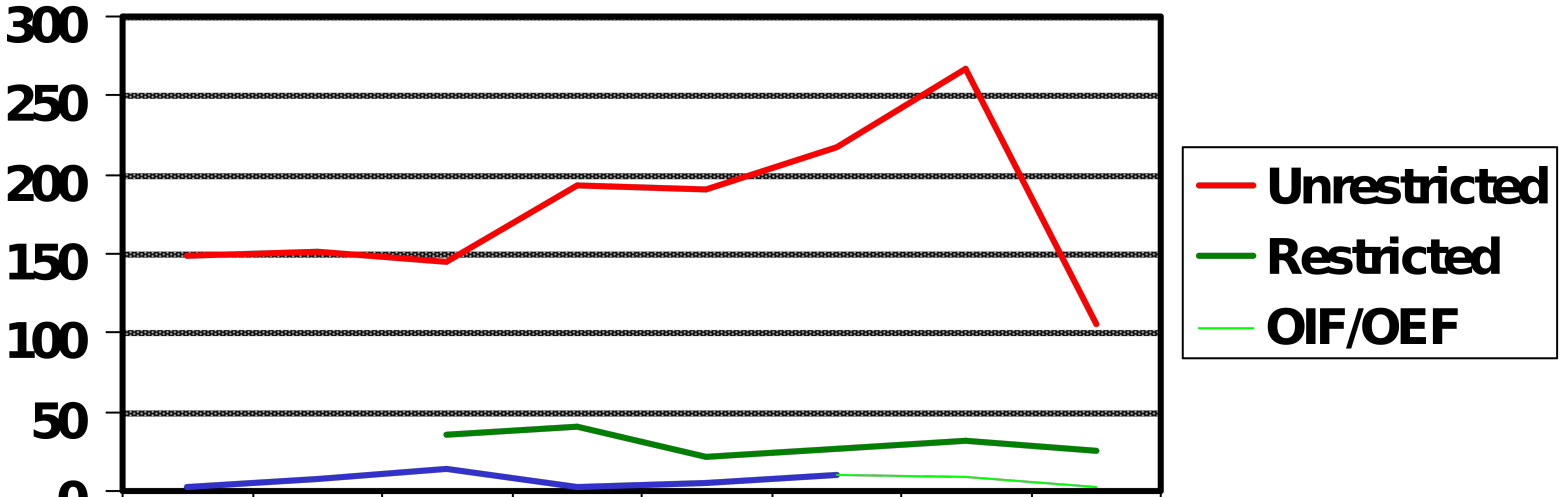
Prescription Drug Use



Trend Analysis



Marine Corps Sexual Assault Cases



	CY03	CY04	CY05	CY06	FY07	FY08	FY09	FY10*
Unrestricted	149	151	145	193	191	217	267	106
Restricted			35	41	22	27	32	25
OIF/OEF	2	8	14	3	5	10	9	2

*As of 30 Apr 10

Family Advocacy Program

Ms. Keita Franklin

Program Manager

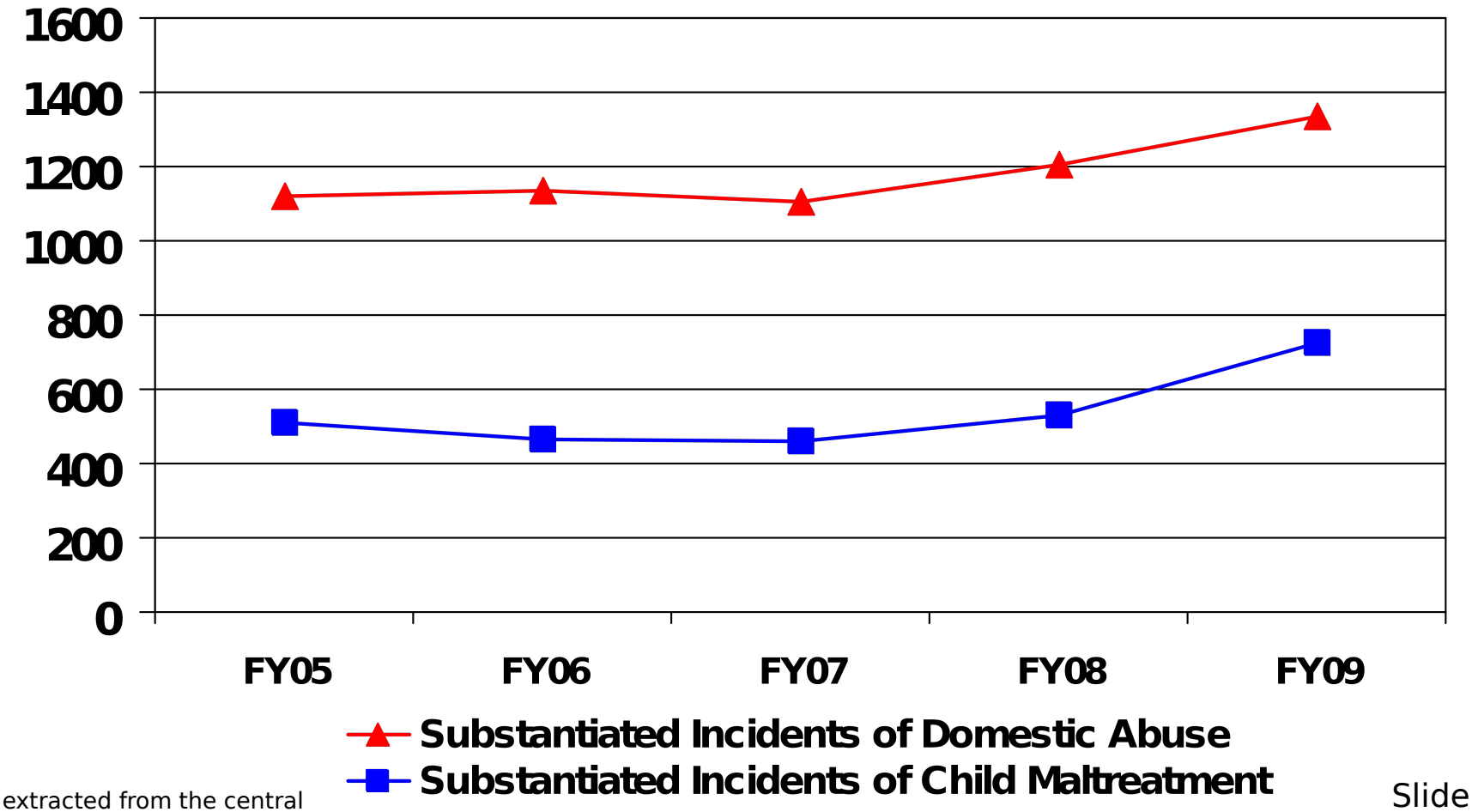
Family Advocacy Program

Personal and Family Readiness Division

Family Advocacy Program Highlights

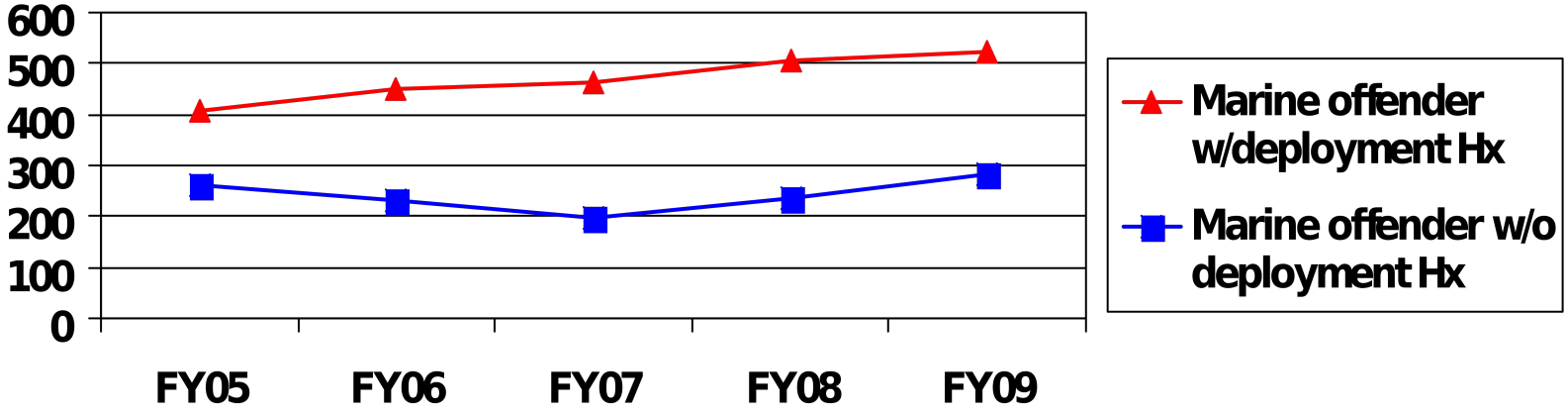
- Prevention and Treatment of Child Abuse/Domestic Violence
  - New Case Review Process
- General Counseling Component
- New Parent Support Program

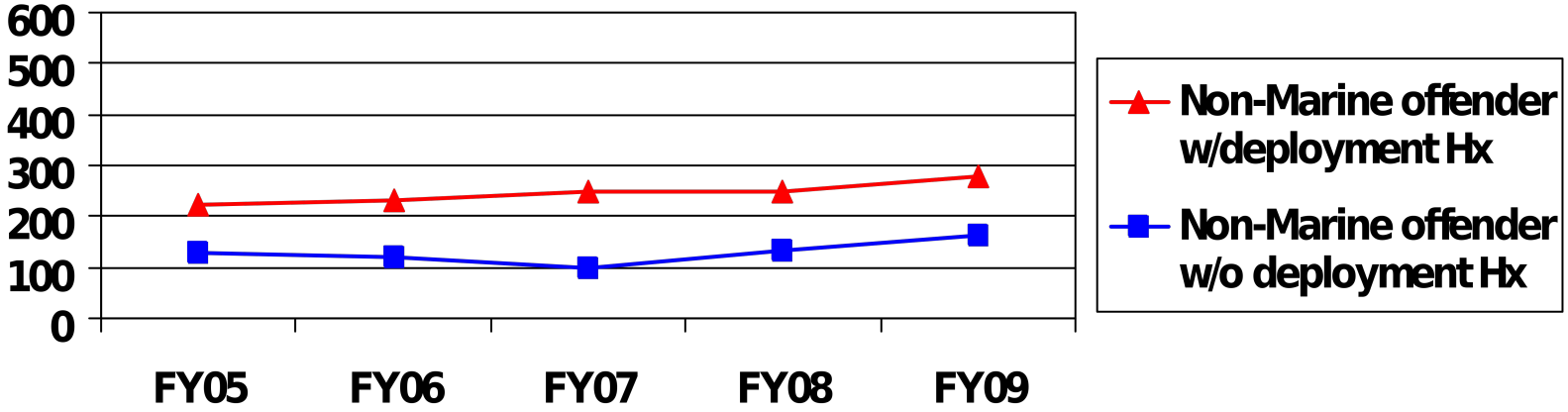
Domestic Abuse and Child Maltreatment Trends



Data extracted from the central registry on 11 May 2010 and is considered Live data which is subject

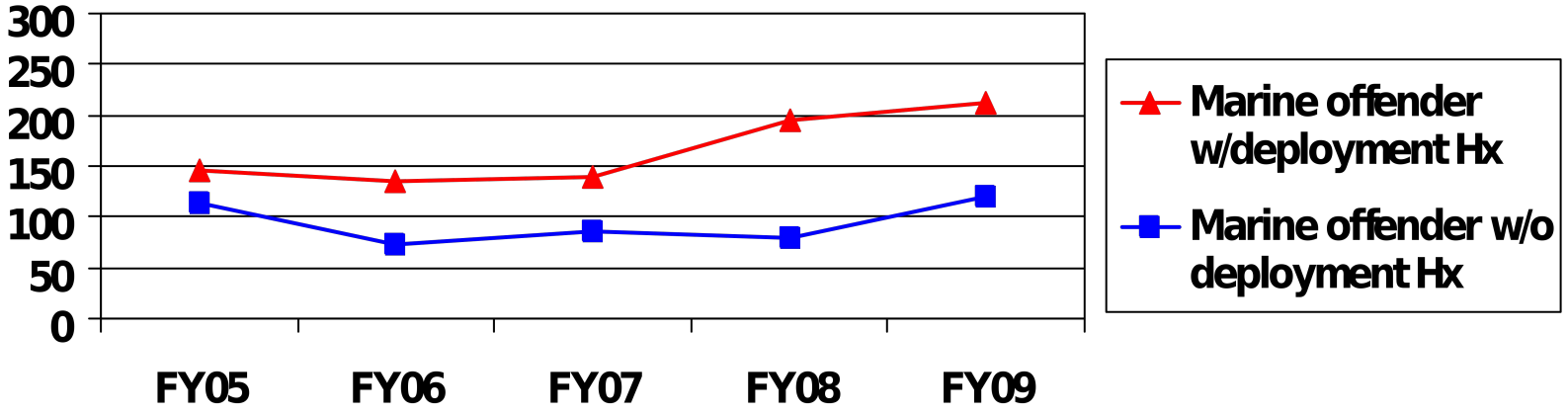
Domestic Abuse Trends – Deployment Impact

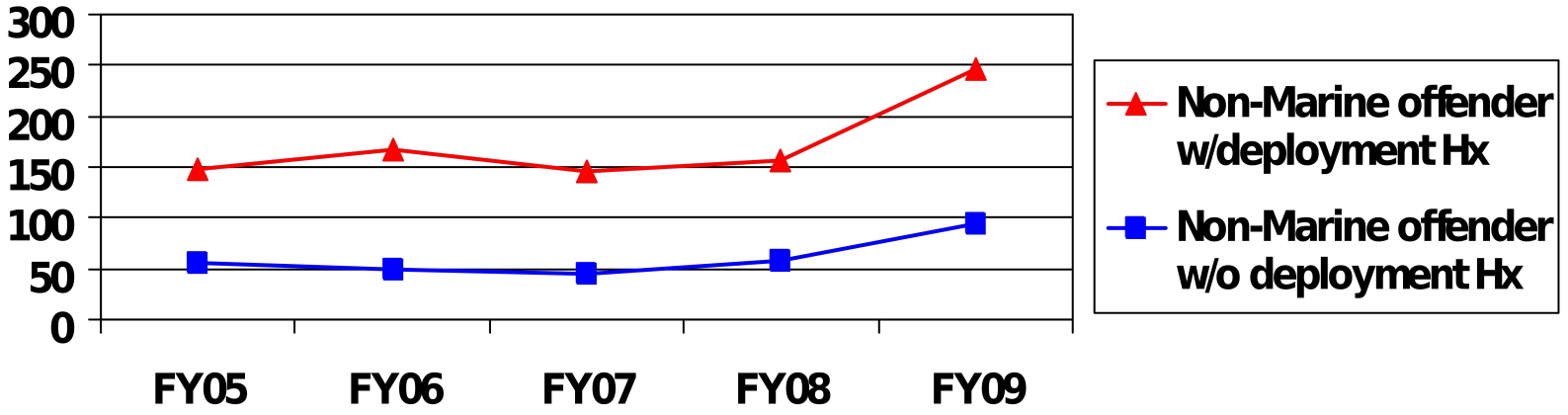




Data extracted from the central registry on 11 May 2010 and is considered Live data which is subject

Child Maltreatment Trends – Deployment Impact





Data extracted from the central registry on 11 May 2010 and is considered Live data which is subject

Family Advocacy Program Way ahead

- Prevention and Treatment of Child Abuse/Domestic Violence
  - New Case Review Process
- General Counseling Component
- New Parent Support Program

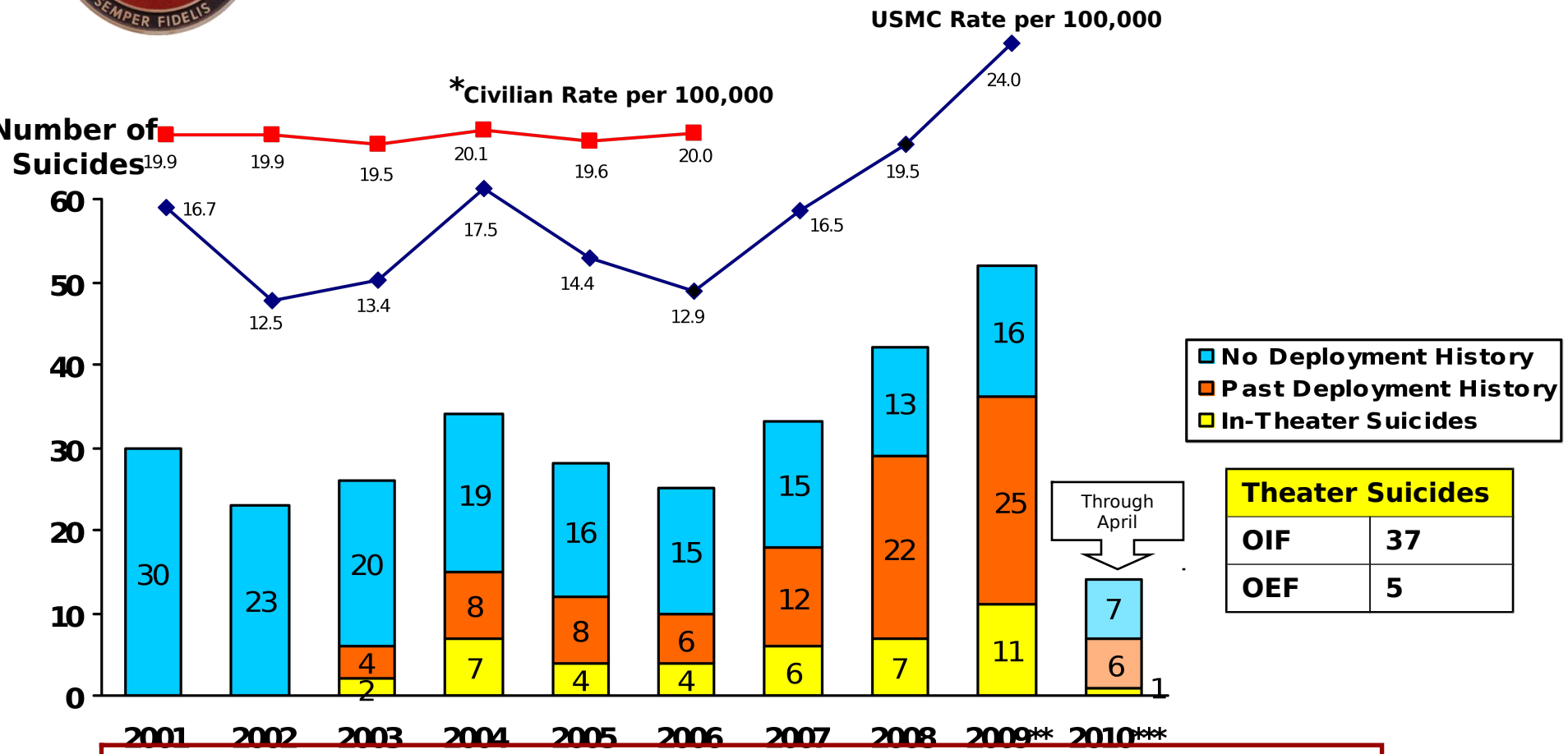
Suicide Program Update

CDR Werbel

Suicide Prevention Program

Personal and Family Readiness Division

USMC Suicides with Deployment History



Theater Suicides	
OIF	37
OEF	5

2001-2007 final rates were within range of expected fluctuations around mean of 14.9/100,000

CY2008 and CY2009 rates are outside of that range

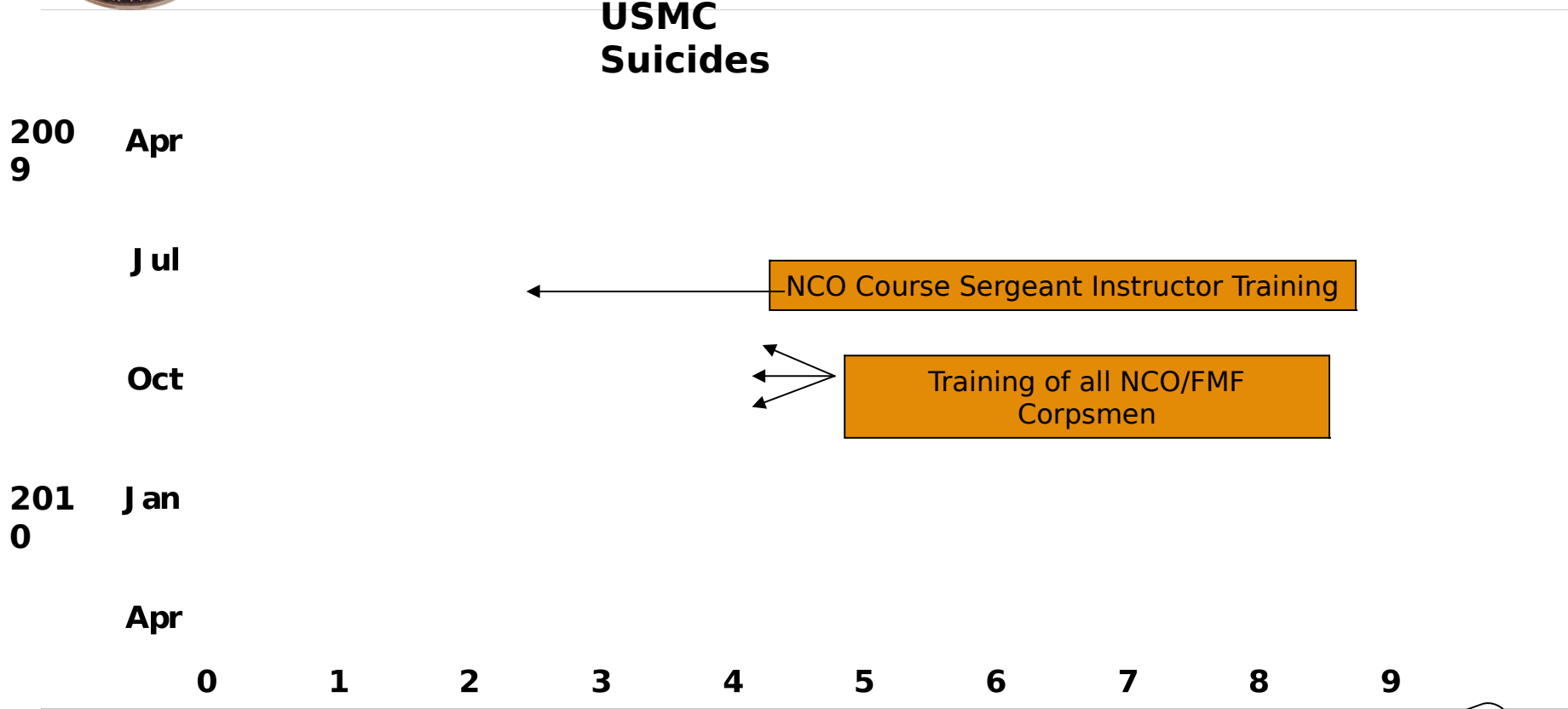
* Last available civilian suicide rate information from the Centers for Disease Control and Prevention. Rate adjusted for Marine demographics.

** Includes 2 suspected suicides that have yet to be confirmed by the Armed Forces Medical Examiner.

*** Includes 5 suspected suicides that have yet to be confirmed by the Armed Forces Medical Examiner.

Data from 2001-2010 has been standardized in accord with DoD policy.

USMC Monthly Suicides



Rank as a Percentage of Total Suicides

	2006	2007	2008	Jan-Aug 2009	Sep 2009 - Apr 2010
Private-Sergeant	84%	91%	86%	92%	79%

Pvt-Sgt Marines make up 75% of the Corps.

CY09 Suicide Demographics

Gender	**14 Male 0 Female**
Race	**11 Caucasian 2 African American** **1 Hispanic**
Age	**4 (17-20) 4 (21-25) 2 (26-30) 3 (31-40)** **1 (41-50)**
Marital Status	**6 Single 7 Married** **1 Divorced**
Paygrade	**4 (E1-E3) 6 (E4-E5)** **2 (E6-E9)** **2 (01-010)**
Method	**7 Gunshot 4 Hanging** **1 Overdose** **2 Suffocation**
MSC	**1 1st MLG 1 1st MARDIV** **1 2ND MARDIV 4 2nd MAW** **1 3rd MHG 1 4th MEB** **2 TECOM 2 MCBQUANTICO**

Through December 2009

Gender	**63 Male 9 Female**
Race	**42 Caucasian 9 African American** **11 Hispanic 3 Asian** **1 Am Ind/Alask Nat 0 Hawaiian/Pacific Islander** **4 Other 2 Declined to Respond**
Age	**26 (17-20) 39 (21-25) 5 (26-30) 1 (31-40)** **1 (41-50)**
Marital Status	**33 Single 35 Married 4 Divorced**
Paygrade	**44 (E1-E3) 24 (E4-E5) 4 (E6-E9)** **0 (01-010)**
Method	**3 Gunshot 9 Hanging 1 Suffocation** **1 Ingestion 38 Overdose 11 Laceration** **1 Vehicle 2 Jump 6 Unknown/Other**
MSC	**16 1st MARDIV 3 3RD MAW 0 1ST MLG 3 1ST MHG** **8 2ND MARDIV 8 2ND MAW 4 2ND MLG 1 2nd MHG** **3 3RD MARDIV 0 1ST MAW 0 3RD MLG 2 3RD MHG** **1 4TH MARDIV 3 4TH MAW 0 4TH MEB 0 MOBCOM** **13 TECOM 0 M&RA 0 MCRC 0 MCIA** **1 MARSOC 1 LOGCOM 1 MARCORSYSCOM** **1 MARFORRES**

Suicide Trends

Rank as a Percentage of Total Suicides

	2006	2007	2008	Jan-Aug 2009	Sep 2009 - Apr 2010
Private-Sergeant	**84%**	**91%**	**86%**	**92%**	**79%**

Privates and Sergeants make up 75% of the Marine Corps.

Source: HQMC (MRS-4) 2010May03

Targeted Suicide Prevention Training

- **NCO Suicide Prevention Course**
  - **Sustainment Plan Published: MARADMIN 266/10**
  - **New master trainers course in Quantico: 14-18 June 2010**
  - **6 Regions – 2 Master Training Teams per region**

- **Contract for New Targeted Training:**
  - **Non-NCO Marines; NCO; SNCO; Officers**
  - **Final stages of contracting**
  - **New documentary clips, new drama for SNCO/Officers**

- **Contract for SPPC/SPPO Training (5 yr IDIQ):**
  - **Final review of proposal from American Association of Suicidology (AAS)**
  - **Curricula for SPPC/SPPO**
  - **Data/Trend Analysis Support**
  - **Psychiatric Autopsy study for better lessons learned in the 72 hours prior to death**
  - **Suicide attempt study**

OSCAR Program Update

Mr. Greg Goldstein

Program Manager

Combat and Operational Stress Control

Personal and Family Readiness Division

OSCAR Program Update

Operational Stress Control and Readiness (OSCAR) program consists of:

- Mental Health Team
- Extenders: Chaplains / Corpsman
- Marine Mentors

OSCAR Program Update

OSCAR Mentors assists with:

- Building resiliency
- Identifies “Red Flags”
  - Changes in behavior
  - Changes in attitudes
  - Changes in performance
- Enhances Problem Identification and Referral
- Reduces Stigma

What OSCAR mentors don’t do:

- Diagnosis
- Mental Health counseling

OSCAR Program Update

Recently Completed:

- Beta Test
  - Instructor Battalion, Quantico –April 10
    - 67 OSCAR Team Mentors
    - 17 OSCAR Advanced Team Mentors
    - 7 OSCAR Instructors
    - 2 OSCAR Master Trainers
- MEF Train-the-Trainer
  - I MEF—May 10
    - 43 OSCAR Advanced Team Members
    - 25 OSCAR Instructors

OSCAR Program Update

Next Steps:

- MEF Train-the-Trainer
  - II MEF— Jun
  - III MEF—Jun/Jul
  - MARFORRES—Aug
- Assist with sustainment- 1 year
- Tracking in MCTIFS
- Relationship to COSC/Resiliency Training
- Family Module Pre/During/Post
- Enhancement of surveillance

OSCAR Program Update

Next Steps:

- Building Resiliency – Prevention based system
- OSCAR Executive Course
  - Field Grade and above / E8 and above
- Enhancement and utilization of surveillance data

OSCAR Program Update

Reality of Reintegration

- Other programs such as substance abuse Reintegrate real well.
- Thoughts on how to reintegrate PTSD and other behavioral heath.

Distress Hotline

Col Olbrich

Program Manager

Suicide Prevention Program

Personal and Family Readiness Division

Marine Corps 1-800 Distress Hotline

- Approach

  - Establish a hotline to reach Marines in distress, before “distress” turns into “crisis”

  - *Marines Talk To Marines .* Staff the hotline with former Marines and civilians trained in Marine culture

  - Pilot program in MCI-W, building upon TriWest’s preexisting 24/7 telephone, chat, and Skype capabilities

  - Eligible beneficiaries include: all current and former Marines, their spouses, children, parents, and significant others, i.e. fiancés

  - TriWest directs callers to MCCS, Navy Medicine, or their own clinicians

  - Confidentiality

Marine Corps 1-800 Distress Hotline

3 Phased Rollout

- JWT campaign
- 1-800 ph #
- Map & gap resources/volume
- MCCS/Med/TriWest website
- Focus group
- Culturalization class
- Rollout 1st installation

Phase I → **15 Aug**

- JWT, entertainment
- Focus group refinement
- Feedback and analysis

Phase II → **Sep/Oct**

- Rollout all other MCI-W installations

Phase III → **Dec/Jan**

Confidentiality Limits

Leader Confidentiality Limits

- Health care providers shall balance notification of a member's commander with operational risk management.
- Will provide the minimum amount of information to satisfy the purpose of the disclosure.
  - diagnosis, a description of the treatment prescribed or planned, impact on
  - duty or mission, recommended duty restrictions, and the prognosis.

Leader Confidentiality Limits

- Notify a commander when a member presents with a mental health condition in
- these circumstances:
- (1) Harm to Self
- (2) Harm to Others
- (3) Harm to Mission
- (4) Special Personnel (Personnel Reliability Program)
- (5) Inpatient Care
- (6) Acute Medical Conditions Interfering With Duty
- (7) Substance Abuse Treatment Program
- (8) Command-Directed Mental Health Evaluation.
  - The mental health services are obtained as a result of a command-directed mental health evaluation consistent with DoDI 6490.4 (Reference (h)).

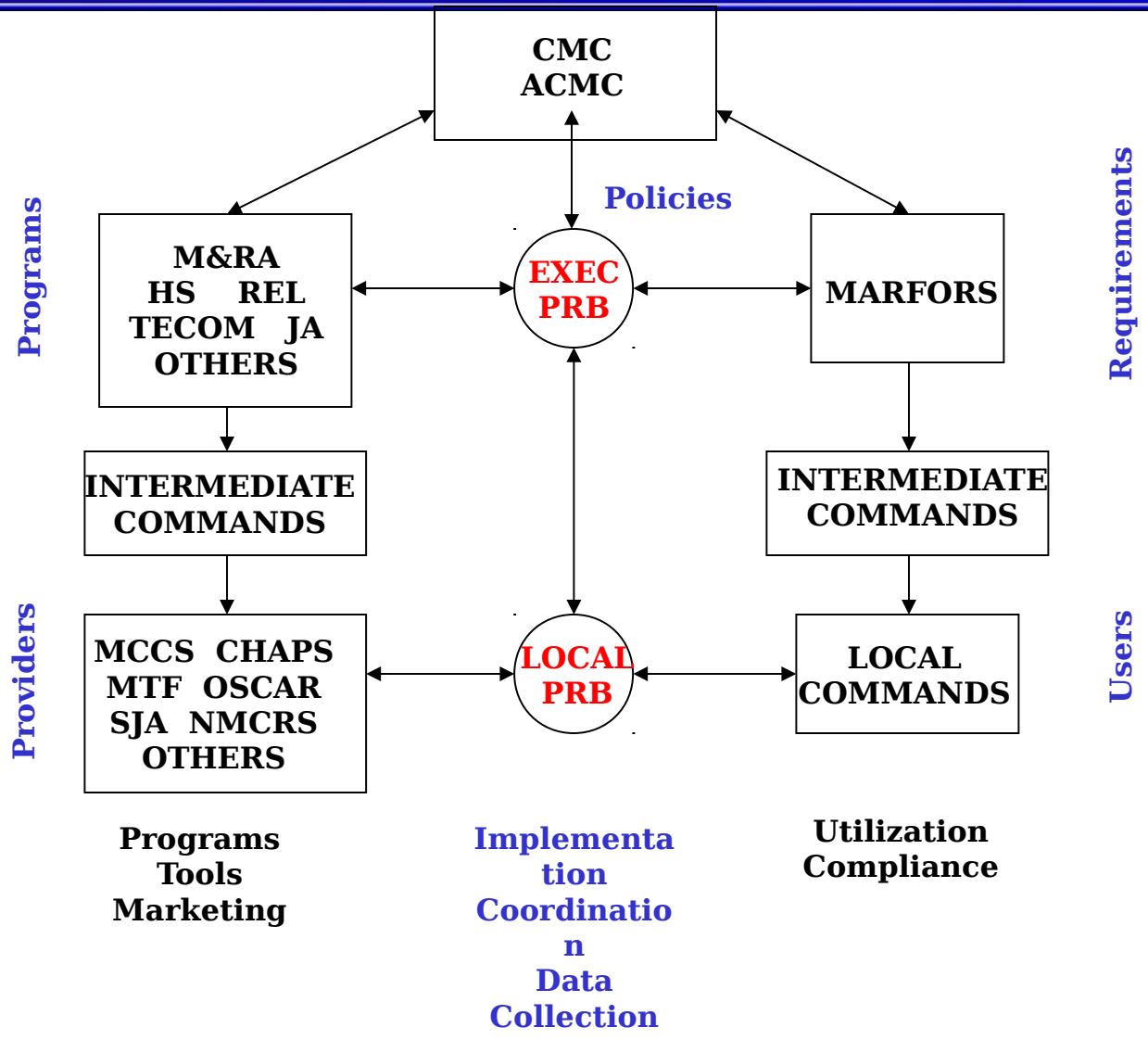
Force Preservation Board

CDR Werbel

Suicide Prevention Program

Personal and Family Readiness Division

Force Preservation Board



POC: CDR Tom Gaskin
HQMC(M&RA)
Version 050215